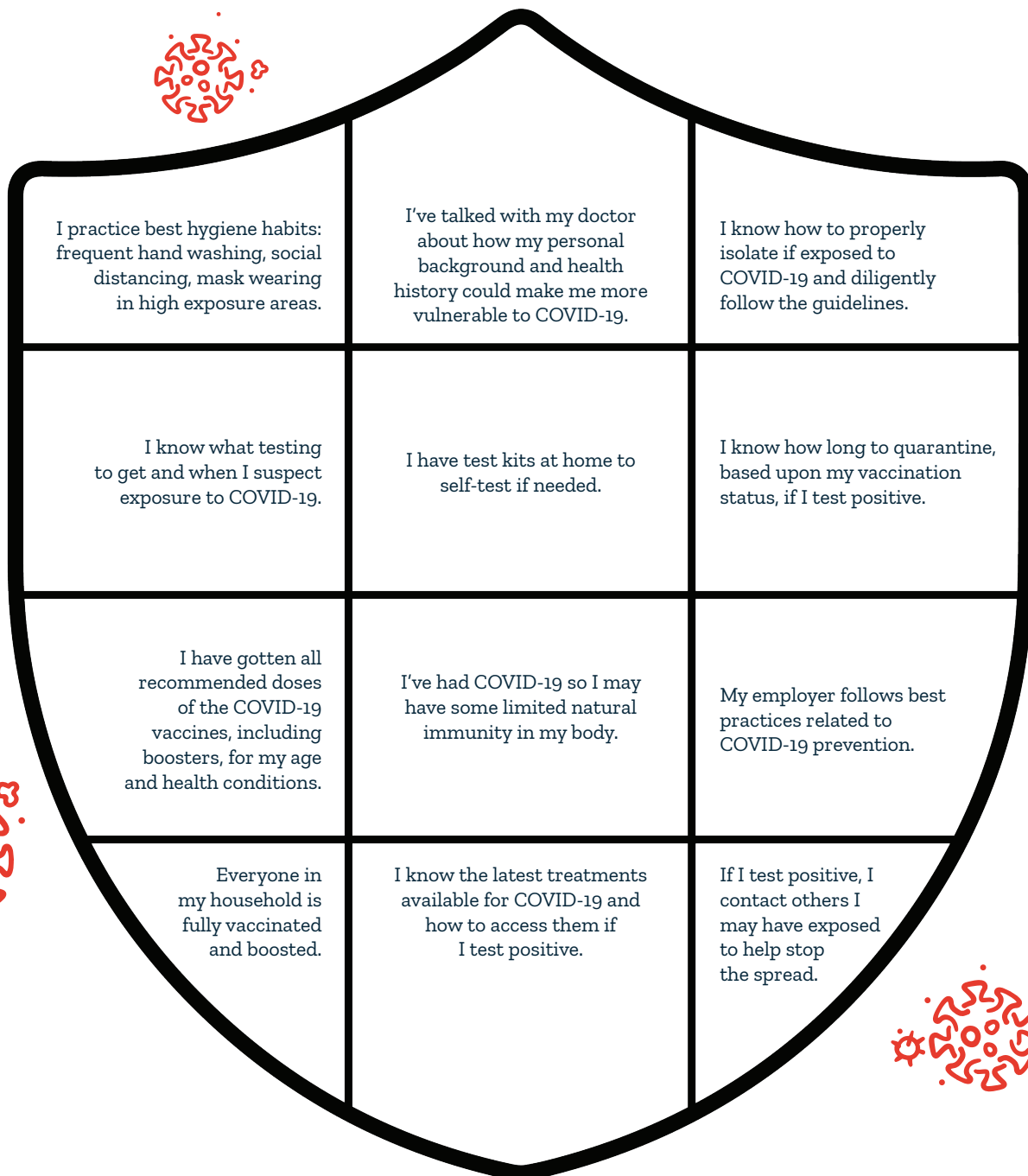


# We're winning the fight against COVID!

## How strong is your shield of protection?

COVID-19 came into our world more than two years ago and we are finally learning how to live safely with this deadly disease. We now know what to do to protect ourselves successfully. Color each segment on the shield below that applies to you and see how strong your personal shield of protection is against COVID-19.



I practice best hygiene habits: frequent hand washing, social distancing, mask wearing in high exposure areas.	I've talked with my doctor about how my personal background and health history could make me more vulnerable to COVID-19.	I know how to properly isolate if exposed to COVID-19 and diligently follow the guidelines.
I know what testing to get and when I suspect exposure to COVID-19.	I have test kits at home to self-test if needed.	I know how long to quarantine, based upon my vaccination status, if I test positive.
I have gotten all recommended doses of the COVID-19 vaccines, including boosters, for my age and health conditions.	I've had COVID-19 so I may have some limited natural immunity in my body.	My employer follows best practices related to COVID-19 prevention.
Everyone in my household is fully vaccinated and boosted.	I know the latest treatments available for COVID-19 and how to access them if I test positive.	If I test positive, I contact others I may have exposed to help stop the spread.